

ISC SUMMER DAY CAMP

LUNCH MENU

Available Everyday:

Peanut Butter & Jelly

(Or any combination

Hot Dog

Turkey, Ham, Cheese

Pasta & Salad Bar

(Varies daily)

Fruit & Yogurt

(Options Vary Daily)

Drinks:

Water or Lemonade

Field/Swim Trips:

Field/swim trip bagged lunches may be purchased \$3.50 includes a sandwich, pretzels and a juice box.

| Weeks | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---------------------------------|--|--------------------------------------|--|------------------------|
| 6/17 - 6/21 7/15 - 7/19 8/12 - 8/16 | Chicken Patty Mac & Cheese | Meatball Sandwich & Chips | Sweet & Sour Chicken with Rice | Pizza Sticks w/marinara sauce & French Fries | Pizza & Chips |
| 6/24 - 6/28 7/22 - 7/26 8/19 - 8/23 | Chicken Nuggets Mac & Cheese | Baked Ziti Meatballs Toasted Bread | Beef Tacos Nachos w/cheese | Hamburger & French Fries | Pizza & Pretzels |
| 7/1 - 7/5 7/29 - 8/2 | Chicken Patty Mac & Cheese | Meatball Sandwich & Chips | Sweet & Sour Chicken with Rice | Pizza Sticks w/marinara sauce & French Fries | Pizza & Chips |
| 7/8 - 7/12 8/5 - 8/9 | Chicken Nuggets Mac & Cheese | Baked Ziti Meatballs Toasted Bread | Beef Tacos Nachos w/cheese | Hamburger & French Fries | Pizza & Pretzels |

8/26- 8/30 - Pot Luck Lunch

| Snack | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|-----------|----------|-----------|-----------|-----------|
| All Weeks | Ice Cream | Pretzels | Ice Cream | Popsicles | Water Ice |
| HEALTHY OPTIONS: Yogurt or Sliced Apples or Carrots (vary by week) | | | | | |